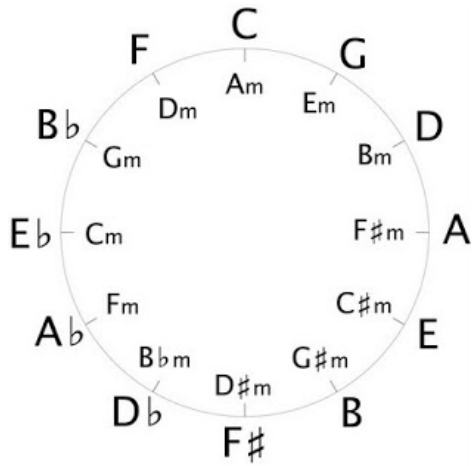


Date: \_\_\_\_\_



Practice Tracker for TB points:

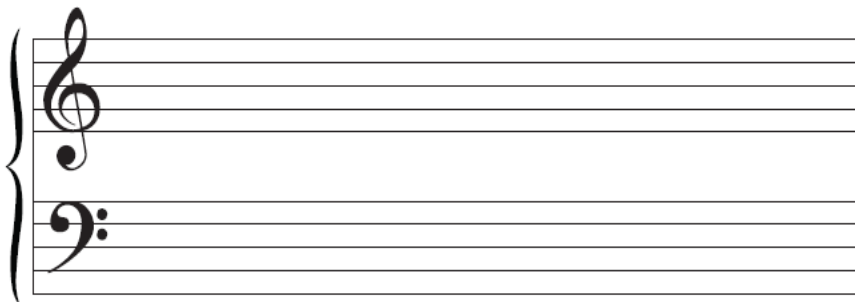
	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Goal							
X							

	Student	Teacher
Practice Grade:		
Lesson Grade:		

Reminder:

<b>Technique/Scales:</b>	<b>Theory/Composition:</b>
<b>Sight-Reading/Orchestra:</b>	<b>Other Technical Exercises:</b>
<b>Polish Work:</b>	<b>Review/Fun Pieces:</b>

Repertoire:



Start at the trouble spot...  
 What do you like to improve?  
 How are you going to fix it?

What are you trying to  
 accomplish during your practice?

Always break up a piece into  
 smaller units/sections  
**(Think: Musical Form)**

**Practice Goals:**  
 Metronome Work  
 Solving Trouble Spots  
 Memorization  
 Fix Fingering  
 Play Through  
 Performance Prep

# Weekly Practice Session

A general practice session should consist of various elements. Alternating between pieces and going back and forth between concepts keeps our minds alert during practice sessions. Using this format during daily practice prevents boredom and helps you to touch on all aspects of your assignments. Create a practice plan for yourself and for the days that you will practice. Include what you will focus on during your practice (see 'Practice Goals').

Materials	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sight Reading							
Other Technical Exercise							
Scales							
Orchestra							
Review Piece							
Polish Piece							
Working Piece							
New Piece							
Fun Piece							
Theory							
Composition							

Do you feel prepared?      Yes    No  
 What would you like to address specifically during your lesson?

Are you content with your practice this week?      Yes    No  
 What would you like to do different about your practice this next week?